Mealtime is Learning Time!



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10 Developmental Areas



What Skills Are the Children Developing?

Language Development:
Literacy Knowledge:
Math Knowledge:
Approaches to Learning:
Logic & Reasoning:
Science Knowledge:
Social Studies Knowledge:
Social & Emotional Development:
Creative Arts:
Physical Development & Health:

Let's Try That Again!

Language Development:
Literacy Knowledge:
Math Knowledge:
Approaches to Learning:
Logic & Reasoning:
Science Knowledge:
Social Studies Knowledge:
Social & Emotional Development:
Creative Arts:
Physical Development & Health:

The Food I Picked is ___

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Social & Emotional Development:
Creative Arts:
Physical Development & Health:

Asking Questions to Enhance Conversations

- Which food do you like best? Why do you like that one?
- Which food tastes sweet? Salty? Bitter? Tangy?
- How do you think I prepared the (name of food)?
- If you were going to cook lunch for us, what would you prepare?
- What types of foods do you eat for dinner at your house?
- What is your favorite meal?
- o _____
- 0
- 0 _____

Test What You Know!

Language Development:
Literacy Knowledge:
Math Knowledge:
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